

The Teaching Design of National Dance in Colleges and Universities from the Perspective of National Culture Heritage

Lebei Zhang

Cai Jikun Conservatory of Music, Minjiang University, Fuzhou, 350108, China

Keywords: national culture; cultural inheritance; teaching design; Ethnic dance

Abstract: The design of national dance teaching in colleges and universities needs to consider various influencing factors to ensure the design effect of national dance itself that reflects the national characteristics. Therefore, the teaching design must take into consideration the national culture in the teaching design as it pays attention to the inheritance of national culture and enhances the national cultural connotation of national dance.

1. Introduction

As an art form, dance has formed different styles in the constant development and evolution which formation of style is related to the nation. Due to various reasons, the design of ethnic dance teaching in some colleges and universities does not pay attention to the inheritance of national culture and also due to the lack of national culture, the expression of dance is insufficient and the lack of artistic appeal. Therefore, we must pay attention to the integration of national culture in dance education, this is because the integration of national culture is related to the method of education. Therefore, in the national dance teaching, the integration of national culture should be the focus of teaching combining the characteristics of dance art and the teaching methods should be summed up to help students establish a sense of national cultural heritage.

2. The value of national culture in the teaching design of national dance in colleges and universities

2.1 It is contagion to help in increasing the appeal of the work

The creative content of the dance works reflects the creator's intention and thoughts and feelings, how to use the skills to reflect the true connotation of the works in the performance is the key issue that the performers should study. Because the characteristics of national dance represent the national culture. Therefore, ensuring the appeal and artistic effect of dance works is also a necessary condition for the success of dance works with the help of dance techniques, the artistic effect of the dance work itself can be enhanced and the inner appeal of the work can be enhanced. In the teaching of dance majors, if the teaching content does not pay attention to the integration of national culture and does not pay attention to the method of integration, the appeal of dance will be difficult to guarantee and the artistic effect will be affected. Therefore the application of dance techniques plays a key role. In addition, the integration of national culture into the dance works can better reflect the emotions of the works and make the artistic effects of the works sublime.

2.2 Shaping the characters of dance

The performance of the dance works needs to show the inner feelings of the works, so it is necessary to shape the image of the dance characters. In the design of teaching, we should also consider the integration of dance works and techniques and display the characters of the works in the performance. The development of dance art has evolved into different styles and the different styles represent different national cultures in the dance teaching as it is necessary to teach the physical movements required for the expression of the characters. The completion of the physical movements must take into consideration the characteristics of the national culture and make sure the

integration of the national culture is conducive to expressing the emotions of the works itself. In order to ensure the effect of character image creation, the teaching of dance works should analyze the application of skills in dance teaching to adopt a reasonable way to integrate the national culture according to the characteristics of the characters thereby displaying the national culture through the dance characters.

3. The problem that national culture should be solved in the design of national dance teaching in colleges and universities

3.1 Application of dance skills

In order to ensure the performance of the dance in the dance teaching, it is necessary to help the performer master the dance skills in the teaching, the performer must not only master the basic skills of a certain dance performance, but also integrate the national culture into the dance and express it with various dance techniques, the higher the application level of dance performers' performance skills, the better the performance of national culture in the teaching of dance works, while some performers do not pay attention to the use of dance techniques in order to display the national culture mainly because the performers do not have a deep understanding of the national culture base on this the application of dance techniques is affected. In addition, due to the influence of performers' cultural literacy, dance skills and dance itself reflect that national culture that is difficult to integrate very well. But in order to enhance the performance of the works, attention should be paid to the integration of skills and works in teaching to enhance the cultural connotation of the works.

3.2 The embodiment of national culture

Since national culture plays an important role in improving the performance of dance, it is necessary to note the application of important dance techniques in actual performances in the dance teaching and the improvement of the teaching effect does not only requires the performer to master the dance skills, but also combines the national culture that contained in the dance. Dance teaching should pay more attention to the interaction of many factors, of the dance teaching design that lacks the integration of national culture for the dance technique, which will lead to the national culture that contained in the work itself being difficult to guarantee and to display the effect. In dance teaching, the embodiment of national culture is the content that needs to be clear in teaching. In teaching, it is necessary to help performers understand the expression of national culture in dance.

4. How to strengthen national culture in the design of national dance teaching in colleges and universities

4.1 To Enhance the lyricism of dance works with the help of national culture

Dance works can directly express emotions, dance also expresses emotions through unique art forms and dance performers must also have emotional expression methods. There is a correlation between the artistic expression of dance and the expression of emotion and the expression of character emotion can better reflect the inner thought. The lyric nature of dance art itself can be used to express emotions with the help of dance language whose performance is also the process of integrating emotion into dance. For the dance performances, the artistic expression needs to be realized by means of physical movements, while the performers can express the psychological and emotional artistic expressions of the characters through specific scenes, the expression of emotions should reflect the birth movement and image and display the character and features that process of the emotional experience of the dancers is an artistic understanding of the dance works, while the emotion is the embodiment of dance art and the use of lyricism to achieve the artistic effect, in dance performances we must take into consideration the correlation between national culture and lyric effects. The performance of dance must be direct and image-oriented while the expression of emotions in the works reflects the characteristics of indirectness and Abstraction but national

culture and dance should be considered in teaching. The works are not independent in reflecting the characteristics of interaction and the national culture is conducive to highlighting the artistic nature of dance. Ethnic culture and dance performances have diversified the language of artistic expression in the fusion and in dance teaching we must consider how to highlight the expression of emotions to give prominence appeal of the works.

4.2 National culture and dance works must be consistent

National culture is related to dance works, so the national culture of dance works should be taken into consideration of many factors. For the design of dance, we must also consider the emotional changes in the dance works and realize the consistency of national culture and dance works, the national culture should analyze the characteristics of the characters' emotions, the characteristics of the dance art and give prominence expression of the dance works to promote the artistic art of emotions, for dance performers, the national culture is also a need to express emotions. The Ethnic cultures are related in terms of emotion and dance, the change of national culture can be realized by dancers because the national culture reflects the sublimation of dance art, performers need to pay more attention to the ability of body coordination and also pay attention to the expression of emotions in dance works which makes the rhythm of national culture a direct reflection of dance emotions. Therefore, dance performers need to understand the role of national culture in dance expression in order to enhance the appeal of dance works. The national culture formed by the dancers is derived from the dancer's grasp of emotions, whose Art is embodied by national culture. Therefore, the performer's understanding of the dance works is particularly important. In the performance of the dance, the action can reflect the emotional fluctuations of the character and Character emotions can show emotional ups and downs through the national culture. In the design of dance education, emotions should be displayed through thinking and dance movements should use national culture to highlight the performance of emotions because dance itself is an artistic form of physical expression and the artistic effect of dance needs to be achieved in a specific way. Therefore, in order to ensure the artistic effect of dance, we must pay attention to the analysis of the national culture that is contained in the work itself in other to realize the integration of the work itself and the national culture and comprehensively display the connotation of the dance art.

4.3 Deepen national culture with dance skills

In dance, “qi” can be understood as the soul of dance, and this is an important part of dance teaching. It should be noted that, the dance works reflect the creator's intention, so the performer needs to express the “qi” in the work. The “qi” of dance is the expression of national culture. Therefore, dance works should express the artistic effect of national culture with the help of “qi”. In the dance performance, the application of “qi” can enhance the expressiveness of the work and the appeal of the dance can be enhanced in the teaching of dance. This is because if you do not pay attention to the grasp of the “qi” of the dance itself, and do not pay attention to the content of the intensive dance, the artistic effect of the national dance will be affected and it is difficult to guarantee the appeal. Therefore, the grasp of “qi” plays an important role. The integration of “qi” into the dance works can reflect the emotions that is contained in the dance and the artistic performance of the performance will be sublimated. The grasp of “qi” is also related to the understanding of the works by the performers. Therefore, in the teaching of dance, in addition to explaining the movements, the teachers should help the students to understand the connotation of the works in depth so that the students can understand and assimilate the works in the exercises.

5. Conclusion

In dance education, we must be aware of the important role of national culture and we can enhance the artistry of dance performance with the help of national culture in view of the formation of national culture which is necessary to change the original mode of dance teaching based on strengthening students' perception and inspiring students' thinking as well as integrating national culture into dance education and enhancing the expressive power of dance art. At present, the

application of national culture to dance education needs to be continuously explored and the innovation of teaching mode should be realized to enhance students' perception of national culture.

Acknowledgement

Foundation project: 2018 Fujian Provincial Education Hall youth project JAS180348 “one belt and one road” cultural dissemination perspective Fujian heritage dance inheritance and Development Research.

References

- [1] Xiao Dang. On the Appropriate Use of National Culture in Dance Works--Taking the Dance Works of Qiu Haijun as an Example [J]. Chinese Teenagers. 2015(04)
- [2] Zhang Wenting. Preliminary Study on the Performance Skills of National Characteristics in Dance Performances [J]. Popular Art. 2015(03)
- [3] Jia Fang. Reasonable Integration of National Culture in Dance Works [J]. Large stage. 2014(10)